

The Federal Long Term Care Insurance Program (FLTCIP)



Jane Scheidler, CLTC, LTCP
Account Representative
Long Term Care Partners, LLC



The Federal Long Term Care Insurance Program™

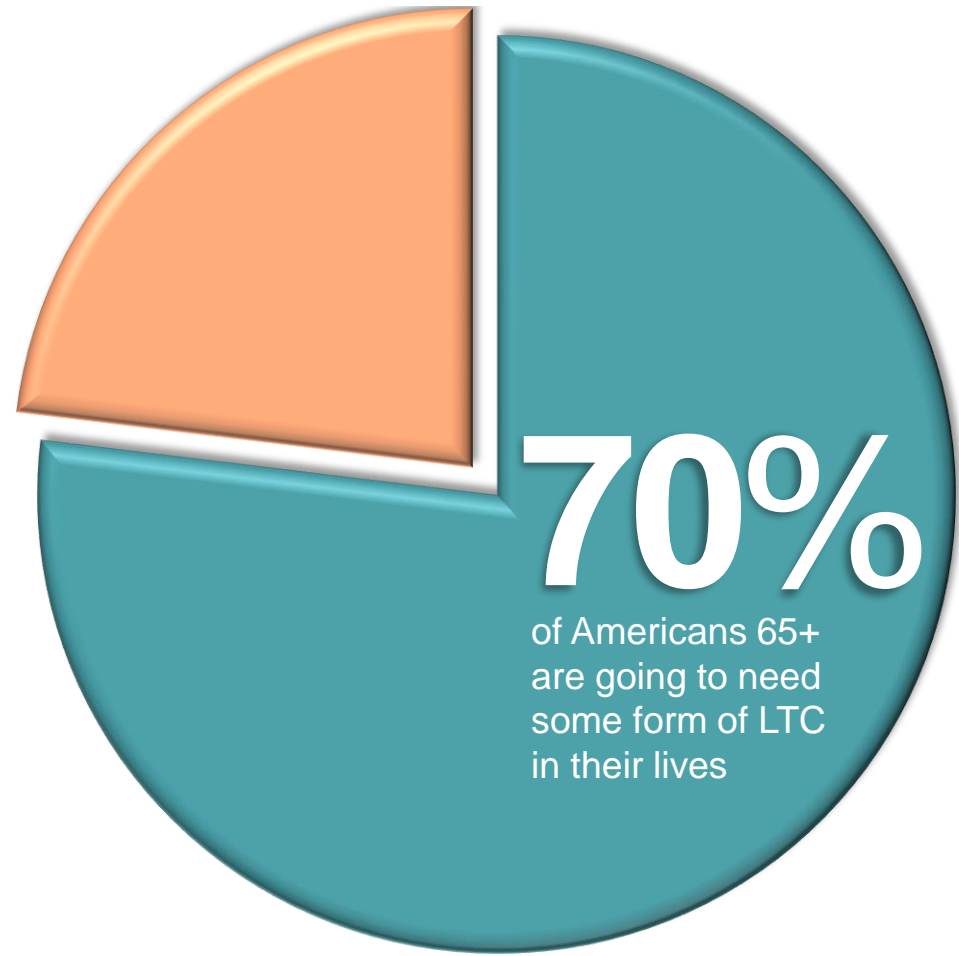
What Is Long Term Care?

- ▶ Long Term Care is NON-SKILLED CARE
- ▶ Help with activities of daily living (ADLs)
 - ▶ Transferring
 - ▶ Bathing
 - ▶ Contenance
 - ▶ Dressing
 - ▶ Toileting
 - ▶ Eating
- ▶ AND/OR
- ▶ Supervision Due to Cognitive Impairment
e.g. Alzheimer's Disease



Today's Reality

- ▶ People are living longer lives
- ▶ The longer you live, the higher the probability that you'll need care³
- ▶ The cost of LTC can quickly derail retirement planning



3. U.S. Department of Health and Human Services. "Who Will Provide Your Care?," <http://longtermcare.gov/the-basics/who-will-provide-your-care/> (accessed April 2015).

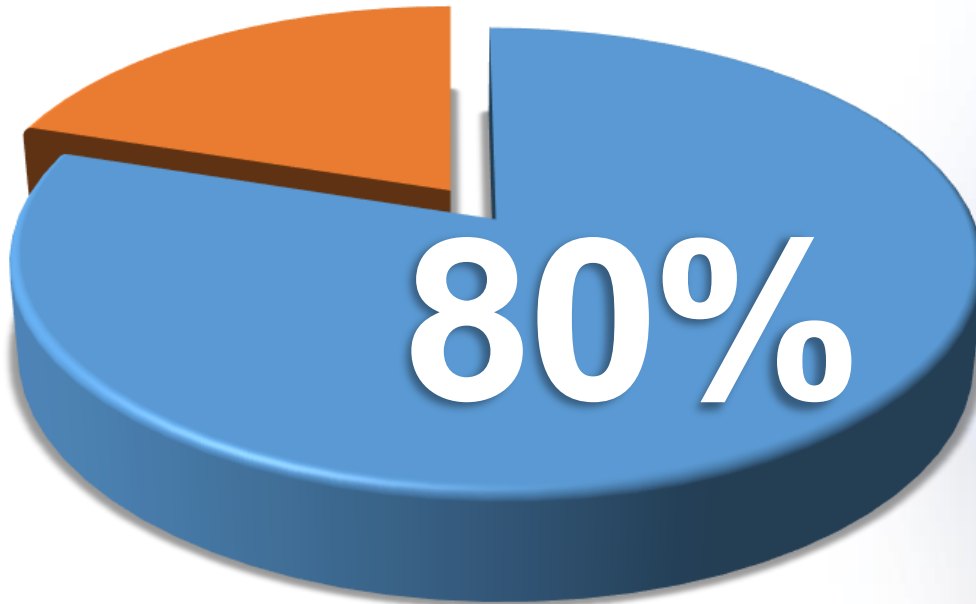
Care Settings

- ▶ The most common care settings
 - ▶ Home
 - ▶ Assisted living facilities
 - ▶ Nursing homes
- ▶ Alternative care settings
 - ▶ Adult day care centers



Family Impact

- ▶ Percentage of in-home care¹ being provided by unpaid caregivers



1. U.S. Department of Health and Human Services. "Who Will Provide Your Care?," <http://longtermcare.gov/the-basics/who-will-provide-your-care/> (accessed April 2015).

Benefits That Don't Cover LTC

- 
- ▶ Health insurance, including:
 - ▶ Federal Employees Health Benefits (FEHB) Program
 - ▶ TRICARE and TRICARE For Life
 - ▶ pays for skilled care
 - ▶ Medicare is Health Insurance
 - ▶ Rehabilitative benefits on a short-term basis, subject to restrictions

Does Medicaid Pay for LTC?

- ▶ Medicaid is a federal and state program that provides care to those who meet their state's poverty guidelines
- ▶ It pays primarily for nursing home care
- ▶ You must spend down your assets to qualify
- ▶ There are income limits; your pension or annuity may exceed your state's Medicaid income guidelines



Does the VA Pay for LTC?

- ▶ Veterans Health Administration
 - ▶ May provide LTC coverage based on:
 - ▶ Service-connected disability
 - ▶ Available funding
 - ▶ Ability to contribute to cost of care
- ▶ Veterans Benefit Administration
 - ▶ Aid and Attendance Benefit
 - ▶ Wartime veterans or their surviving spouses
 - ▶ Low income or assets
 - ▶ Require paid assistance with ADLs



National cost of care averages

FACILITY-BASED CARE	2016 NAT. AVG. (1-YR.) ¹	2016 TYPICAL UNIT COST ¹
Nursing Home: Private Room	\$102,930	\$282 daily
Nursing Home: Semi-Private Room	\$91,615	\$251 daily
Assisted Living Facility	\$47,064	\$3,922 monthly
HOME AND COMMUNITY-BASED CARE	2016 NAT. AVG. (1-YR.) ¹	2016 TYPICAL UNIT COST ¹
Home Health Care Aide	\$32,760 ²	\$21 hourly
Adult Day Care	\$20,540 ³	\$79 daily

* Based on 2016 Cost of Care Survey conducted by John Hancock

The FLTCIP Offers Comprehensive Coverage

Decide where your care will take place:

- ▶ Home
- ▶ Adult day care center
- ▶ Assisted living facility
- ▶ Nursing home
- ▶ Hospice facility



The FLTCIP Offers Comprehensive Coverage

Identify your caregivers:

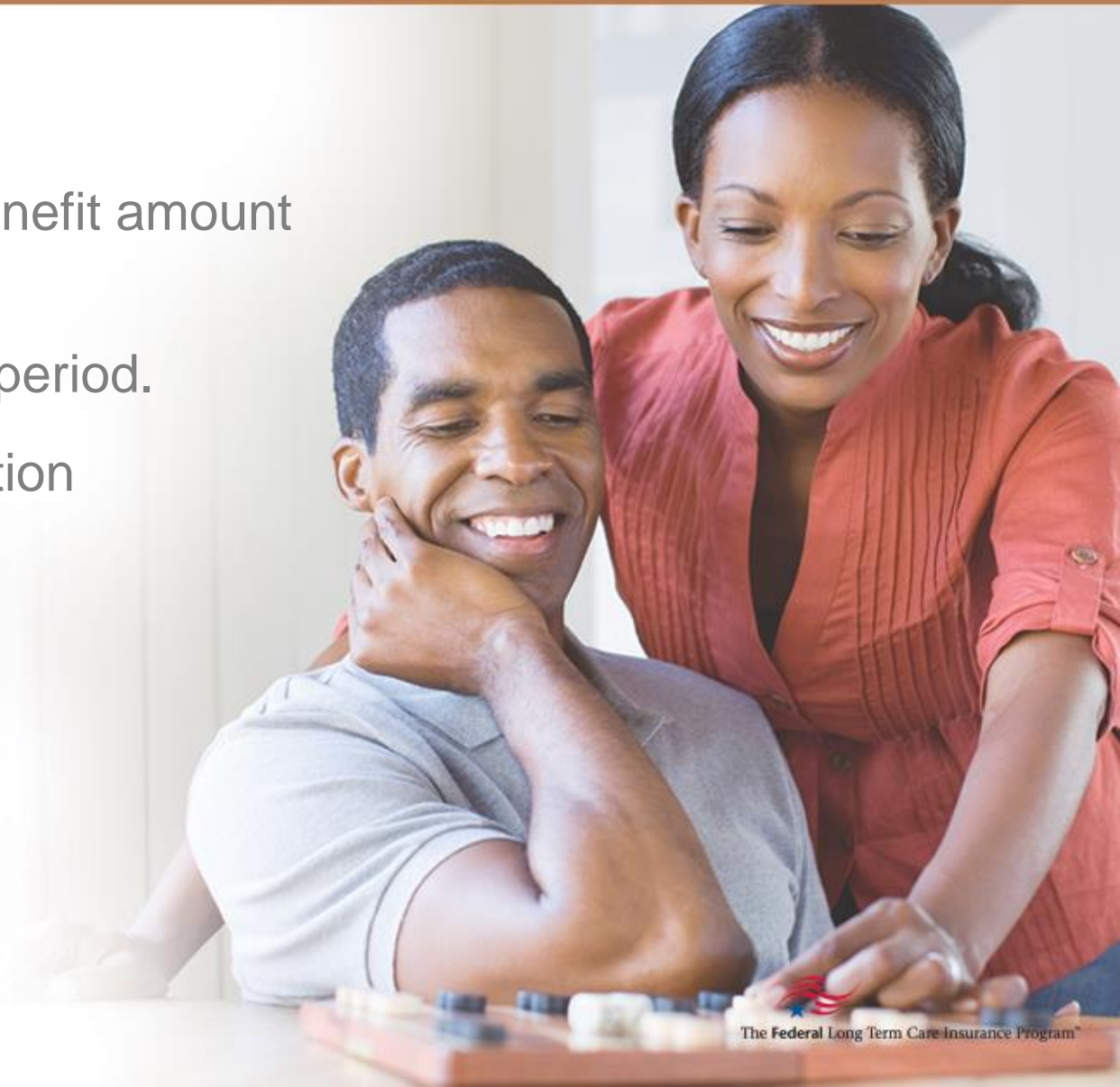
- ▶ Formal caregivers
 - ▶ Home health and care agencies, visiting nurse associations, and hospice agencies
- ▶ Informal caregivers
 - ▶ Friend, relative, or private caregiver, as long as that person did not live in your home at the time you became eligible for benefits



Designing Your FLTCIP Coverage

It's easy!

1. Choose a daily benefit amount (DBA).
2. Choose a benefit period.
3. Choose your inflation protection.



Are My Premiums Guaranteed?

- ▶ FLTCIP coverage is guaranteed renewable, but premiums are not guaranteed
 - ▶ Your premium will **not** change because of your age or health
- ▶ Premiums may only increase if you are in an enrollee group whose premium is determined to be inadequate
 - ▶ The U.S. Office of Personnel Management (OPM) must approve an increase in premium
- ▶ Your premium may also increase if you voluntarily elect to increase your benefits

Who Is Eligible to Apply?

- ▶ Federal and U.S. Postal (USPS) employees eligible for the FEHB Program
- ▶ Federal and USPS annuitants
- ▶ Active and retired members of the uniformed services
- ▶ Qualified relatives
 - ▶ Current spouses and domestic partners of eligible employees and annuitants
 - ▶ Parents, parents-in-law, and stepparents of living eligible employees
 - ▶ Adult children of living eligible employees and annuitants



Plan for Your Future

- ▶ Premiums are based on your age at time of application
- ▶ The FLTCIP is medically underwritten
 - ▶ Each participant must apply individually
- ▶ Coverage is fully portable
- ▶ Qualified relatives may apply even if you don't



Next Steps

- ▶ **Get in touch!**
- ▶ Program consultants are available:
 - ▶ Weekdays, from 8 a.m. to 6 p.m. (ET)
 - ▶ **1-800-LTC-FEDS** (1-800-582-3337)
TTY 1-800-843-3557
- ▶ Visit **www.LTCFEDS.com**
for more information:
 - ▶ Webinars
 - ▶ Planning tools
 - ▶ *Program Overview* brochure



The **Federal** Long Term Care Insurance Program™

Thank you.

1-800-LTC-FEDS

(1-800-582-3337) TTY 1-800-843-3557

www.LTCFEDS.com

info@ltcpartners.com

The Federal Long Term Care Insurance Program is sponsored by the U.S. Office of Personnel Management, offered by John Hancock Life & Health Insurance Company, and administered by Long Term Care Partners, LLC.



*A New Day
for the Great Service*